

Administered by:



Sport Relief Grant Guidelines

Criteria

Sport Relief aims to fund work which uses sport and exercise to strengthen communities and provide opportunities for people who are excluded or disadvantaged. This may be through low income, rural or social isolation, age, disability, race, sexuality or gender.

We particularly want to support sports based work that:

- Increases access to sport and exercise for people who face social exclusion and isolation
- Helps people who are experiencing difficulties in their lives to regain their confidence and self-esteem

But.....what sort of things could be funded?

Increases access to sport and exercise for people who face social exclusion and isolation

Theme: Feeling or being left out

- A group of Asian women meeting for mutual support getting involved in keep fit or other sports activities
- A group of disabled people wanting to undertake sport or a club wanting to increase sporting opportunities for disabled people
- A bowling club wanting to extend its activities to provide short mat bowling to older/disabled people in an area
- Movement to Music classes for isolated older people

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Registered Charity No: 1048162



Helps people who are experiencing difficulties in their lives to regain their confidence and self-esteem

Theme: Having problems in your life

- Women's refuges wanting to undertake sport or exercise with the women or their children
- People with mental health problems wanting to help rebuild their lives through sport
- Refugees or asylum seekers using sport to help cope with traumatic experiences
- Positive sport activities for children with behavioural problems
- People with substance misuse issues using sport to aid recovery

Who can apply?

Any charity, voluntary organisation, community group that provide opportunities to people who are excluded or disadvantaged through sporting activities.

How much can you apply for?

Grants range from £1000 – £10,000

With the funds available we would expect the average grant to be around £1500

The fund cannot support

- Individuals
- Statutory organisations (such as schools)
- Trips abroad
- Mini buses
- Building costs or access adaptations to buildings

But it will fund transport costs as part of a project and equipment adaptations. For example, an adapted rowing boat, equipment to support sight impaired people play bowls.